

Posture Control Insoles® Training Course & Workshop

The course will show you how the inclusion of Posture Control Insoles (PCIs) will achieve better health outcomes for your patients and help your practice grow.

The purpose of this workshop is to provide you with the knowledge and practical experience that will allow you to make this base line therapy available to your patients.

The course will cover:

- ✦ Biomechanical and neurological mechanisms in posture dynamics
- ✦ Proprioceptive neural mechanisms
- ✦ Ascending and descending patterns
- ✦ Leg length analysis and implications of heel lifts
- ✦ Traditional orthosis vs proprioceptive dynamic Insoles
- ✦ Braces and releases
- ✦ Base line treatment in chronic and acute conditions and correcting malocclusion
- ✦ Patient assessment & diagnosis
- ✦ Fitting PCIs

The **Posturology 1** is a professional training program essential to allow you to use PCIs with your patients.

Posturology 3 is related to the applied anatomy, mechanics of lesion, assessment and treatment of the lower limb.

Course Inclusions

Your training will provide you with the following:

- ✦ Certificate of completion and inclusion in the directory for patient referral
- ✦ PCI training manual
- ✦ Opportunity to purchase PCIs from Proprioception Australia Pty Ltd - the exclusive importer of PCIs
- ✦ Ongoing support and information from Proprioception Australia Pty Ltd

NB: PCIs are only available to trained practitioners.

Course Details

Date: 15th – 17th July 2011 Melbourne

Time: 9.00am to 5.00pm daily

Refreshments and lunch provided

Venue Melbourne: BUILDING 51 RMIT on Victoria Street, CARLTON VIC 3053
Tel: 04 2523 7995

Course Fees:

Posturology 1 (2 days) -

For students: AU\$400.00 including GST.

For practitioners: AU\$675.00 including GST.

Posturology 3 (1day) -

For students: free.

For practitioners: AU\$325.00 including GST.

Important to note

✦ Registration will be secured by receipt of a deposit of AU\$200.00 by the 1st of May 2011.

✦ Places are VERY limited so immediate application is advised to secure a place

✦ The final payment is due by 15th June 2011

✦ An administration fee of AU\$100.00 applies to refunds on all registrations. After 15th June 2011 a full deposit will be retained.

Course Director

George Stylian

DO, GradCertOsteoPaed, George has 30 years experience in practicing and teaching osteopathy at graduate and postgraduate levels. He is a faculty member of the Sutherland Cranial Teaching Foundation of ANZ.

Changes in the biomechanics of the lower limb influence all of the body not just the feet. The premise that correct posture is important to overall wellbeing and that the feet play an important part in maintaining proper posture was stressed by Osteopathic and Orthopaedic physicians many years ago. The treatment and evaluation of gait and posture need to return to the practice of Osteopathy. The addition of the use of the dynamic insoles helps to integrate postural correction back into the Osteopathic clinical setting. This is a very useful tool that will help your patients' health and your practice grow.